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State health department provides recommendations for parents and guardians

DENVER, March 16, 2020: The Colorado Department of Public Health and Environment has recommendations for parents and guardians with children at home from school.

Closing schools is a powerful way to slow the spread of COVID-19 and protect people at higher risk from getting very sick or dying. Though kids are thought to be at lower risk for severe disease from COVID-19, they can easily spread it to others.

“We are all in this together. Nearly every child could have an interaction with an older adult or others at risk of getting severe illness from COVID-19. This is not just about keeping kids safe, which is absolutely important; it’s about keeping the whole community safe by limiting and slowing the spread,” said **Dr. Rachel Herlihy**, state epidemiologist, Colorado Department of Public Health and Environment.

When school is closed, kids and adults should practice social distancing. Aim to stay 6 feet away from others as much as possible. Do not take children into any social setting when they are sick.

The complete set of recommendations is available on the [website](#).

Continue to stay up to date by visiting colorado.gov/cdphe/2019-novel-coronavirus.

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